

A New Edition of The Healer's Program

Soul Rising, Life Transforming, Body Healing with Teacher and Author Tom Monte

Workshop Schedule

These are the weekends we
will be meeting:

Module 1.

October 15 - 17, 2010

Module 2.

November 19 -21, 2010

Module 3.

December 10 – 12, 2010

Module 4.

January 14 - 16, 2011

Module 5.

February 11 – 13, 2011

Module 6.

April 1 – 3, 2011

Accommodations & Meals

The program takes place at the country setting of Ananda Ashram in Monroe, New York, just an hour outside of New York City. Overnight accommodations are provided at the ashram. You can choose between a dormitory-style room, which will have anywhere from two to three roommates, or a semi-private room, which will include one roommate.



The price for the dormitory room is already included in the overall price of the program. If you would like a semi-private room, add \$40 per weekend to the overall program costs.

Delicious macrobiotic meals are prepared by our expert chef and provided at each weekend module.

The Healer's Program is a multi-module training in the healing arts, self-healing, and personal transformation. It is intended for those seeking healing and transformation, as well as for professional healers who want to expand their understanding and their repertoire of highly effective healing methods.

A New Edition Of The Program

This new edition of the Healer's Program is designed to address a far deeper dimension of our humanity – the repeating patterns in our lives that limit our freedom and block us from expressing and receiving the love for which we so desperately yearn. These patterns affect every aspect of our lives, from our intimate relationships to our ability to succeed in our professional lives.

Students will not only be presented with new and deeper insights into their recurring patterns, but also will be given the healing methods needed to dissolve those patterns and replace them with life-sustaining behaviors that can transform their lives and lead to the fulfillment of their goals and dreams.

If you are a professional healer, this program will give you the tools to help your clients overcome self-limiting and self-destructive patterns that are at the core of their health and personal crises.

This program combines the advanced Healer's Program training with Tom Monte's Living from the Soul weekends. This ongoing training is intended to help you overcome self-limiting patterns so that more of your best and truest nature can direct your consciousness, decisions, and actions toward the fulfillment of your life's goals.

All of this work is done in an atmosphere of respect, compassion, and love. Registration is limited so that every member receives ongoing attention from the group and its facilitator, Tom Monte.

For All Students At All Levels Of Experience

This current edition of the Healer's Program is entirely new and open to all students, at all levels, including those who have taken the Healer's Program in the past.

Six Modules For Returning Students. Seven For New Students.

For advanced students who have taken one or more levels of the Healer's Program, the training is composed of six weekend sessions. (See dates, immediately below.)

For beginning students who are new to the Healer's Program, a foundation-laying weekend is required in order to learn some of the basic healing tools that are essential to the Healer's training and our work together.

That intensive, foundation-laying weekend will take place on October 1 - 3, 2010. This will be a special intensive weekend for students who are new to the Healer's Program. This weekend will provide students with an introduction to the following subjects:

- Reading the Body and Physical Asian Diagnosis
- An Introduction to Intuitive Diagnosis
- An Introduction to the Five Transformations
- An Introduction to the Five Defenses
- An Introduction to Personal Transformation

Once you have participated in the foundation weekend, you will join those already experienced in the Healer's Training for six more weekends of the program.

A New Dimension Of Healing

This edition of the Healer's Program is designed to reveal and heal our hidden patterns – meaning the beliefs and behaviors that help to define us and our daily lives. Though patterns can create feelings of familiarity and safety in the short-run, they nonetheless are self-limiting and often self-sabotaging over time.

Patterns of behavior are based on a set of beliefs and fears, which are instilled upon you as part of your training. Collectively, they form a kind of programming that exists in your conscious and unconscious minds. That programming defines how you can – and cannot – express your love and talents in virtually every aspect of your life. The underlying programming also determines your ability – or inability – to receive love, appreciation, and the rewards of your labors. In the end, your inner programming defines the feelings you have about yourself, and your future.

Change And Growth Occurs In Stages

Behavior patterns are meant to be recognized and outgrown. All healing and transformation are based on the following steps:

1. The recognition of self-limiting and self-destructive behaviors and their effects on our lives.
2. The dissolution of those patterns of behavior and the identity they have created for us. (I refer to this phase as the de-structuring phase. It is often associated with crisis, confusion, and feelings of being lost and adrift. Though often difficult, it is an essential part of the healing process.)
3. The awakening to new knowledge and a way of being. (I refer to this phase as the period of inspiration and rebirth.)

Tom is the only teacher I have found on my present journey to fully walk the talk. The Healer's Program will help you to start to unravel the mystery of who you are, where you came from, and what you are capable of. If you have an interest in helping others and yourself through the healing arts, then this transformative program is for you!
~ Anthony, New York, NY

4. The adaptation to new behaviors that support the restoration and maintenance of our health, our life goals, and our soul's intention to find and express love. (This is the re-structuring phase of change, the period in which you restore structure in your life and establish a new and larger identity.)

In the end, the evolving human being is engaged in a lifelong experience of shedding old beliefs and old patterns of behavior; establishing more rewarding ways of being; and eventually dropping these behaviors for an even larger understanding of life that allows us to more fully manifest your unique, individuated self.

The process has a purpose: to expand our awareness so that our souls can more fully inhabit and direct our lives. In essence, the shedding of patterns and the creation of new ways of being is, at its very heart, soul work.

Thus, the purpose of this new edition of the Healer's Program.

What You Will Learn And Do In This Healer's Program

The following is among the objectives of this new edition of the Healer's Program.

1. *You will recognize your patterns and their sources.* Patterns established early in life are born of love and fear. So many ways of being were originally adopted in the hope that they would bring you greater love from one or both of your parents. In all too many cases, they failed to attract the love you wanted – and continue to want to this day.

The program will reveal the patterns that are limiting you now and causing you so much distress.

2. *You will see the false and illusory beliefs that support your patterns.* So many behaviors are based on the belief that our most important relationships, and life itself, will not provide for you, especially in the areas that are most critical to your happiness. These beliefs create an array of behaviors that are self-sabotaging. For example:

- People work long after they are exhausted for fear that they will never be appreciated for anything they do.
- Others are trained to withhold love and the expressions of their tenderness and vulnerability, believing that tenderness and vulnerability put them too much at risk for humiliation and loss.
- Many tolerate abusive relationships for years, believing that they will never be loved, honored, and cherished by another human being, or in any work setting.
- Many people attempt to control others, and limit their choices in life, for fear that if they give those they love their freedom, they will lose the person's love entirely.
- Still others become needy because they have no belief in their own power and ability to meet their own needs.
- Many believe that in order to survive, they must tell others what they want to hear, as opposed to saying and living what is true for themselves.
- Some hoard their resources in the fear that if they are generous and giving, even with their loved ones, a crisis will fall and leave them penniless and alone.

- Many people are trained to believe that, at bottom, they are worthless and thus unworthy of love. Therefore, they should accept unhealthy relationships and unsatisfying working conditions.

These are but a handful of the beliefs that lie at the very core of our lives. All such beliefs lead to behaviors that destroy our lives.

3. *You will see that certain patterns are sacred to you.*

Many beliefs and the behaviors that you engage in today were created in childhood as a way to heal one or both of your parents, which is to say, to restore each of them to a state of balance and happiness so that they could assume their roles as mother and father to you and your siblings. This act of restoring your mother to happiness, or of finally gaining your father's attention and love, becomes a sacred work that is confused with the image of a healthy, life-supportive love.

For example, so many children who are abused in childhood find themselves in abusive relationships throughout adulthood. Why? Because, unconsciously they seek out the issue of abuse in order to finally resolve the archetypal challenge they experienced in childhood and teenage years. Our family's core issues become a sacred drama that, all too often, is pursued in adult relationships in the hope that we will finally heal the original wound and be rewarded with the love that our inner child still longs for.

4. *You will learn how an endless searching of the past, the repeated turning over of the old soil, is itself strategy to maintain your false beliefs, your self-sabotaging behaviors, and your sacred dramas so that you can avoid seeing your own underlying truths, the reality of life, and adopting behaviors that would set you free.*

5. *You will see how your patterns affect your physical, emotional, psychological, and spiritual health, and how they restrict your capacity to realize your dreams in all areas of life.*

6. *You will learn how to dissolve your existing patterns and adopt new behaviors that will empower you and lead to the fulfillment of your most cherished dreams.* You will be given the methods and tools needed to adopt those behaviors. You will also learn a way of looking at life, of holding your past, and engaging the present in order to create a new and more rewarding future.

7. *You will be presented with healing knowledge* in areas of diet, nutrition, exercise, and emotional health that can form the foundation for improved health and emotional well-being.

8. *You will come to understand that you are not alone in this sacred quest, but that you are being helped in your efforts to more fully manifest your soul's intention for your life.*

Spaces for the Program Are Limited

Because of the personal nature of the program, and because everyone who takes the program receives personal attention, spaces for the program are limited. The group is kept relatively small and intimate. All information shared in the group is protected and highly confidential.

9. *You will learn many ways of communicating more effectively with your soul and the Divinity it lives within.*

10. *You will emerge from this program with an entirely new way of being and conducting your life.*

Tuition

The program costs include tuition, textbooks, dormitory-style rooms, and three delicious macrobiotic meals per day.

The Cost for Beginning Students is \$4080.00

(This price includes the intensive weekend plus six modules of Advanced Training.)

The Cost for Returning Students is \$3497.00

(This price is for all six weekends of Advanced Training.)

DISCOUNTS AND PAYMENT PLANS

We offer a variety of ways in which you can lower the cost of the program, such as with early registration, and by having a friend register for the program. As before, we are happy to arrange payment plans, as well.

Among the ways you can lower the costs are the following:

To receive a \$100.00 discount on the Healer's Program, you must:

1. Pay in full by September 1, or
2. Take an airplane to get to the Healer's Program.

To receive a \$50.00 discount on the Healer's Program, you must:

1. Register by August 15 (\$400.00 non-refundable deposit is required), or
2. Travel at least 200 miles one way to get to the Healer's Program, or
3. Get a friend to register for the Healer's Program. (If you have several friends who sign-up, we will give you a \$50.00 "thank you" for each one of them.)

To receive a \$25.00 discount on the Healer's Program, you must:

1. Register by September 1 (\$400.00 non-refundable deposit required to register), or
2. Travel at least 100 miles one way to the Healer's Program.

Payment Plans Available:

We are happy to create a payment schedule and accommodate any method of payment that will work for you. To make payment arrangements, please contact Toby at toby@tommonte.com and we'll make it happen.

For More Information

For more information, or any questions about the program, contact Tom Monte or Toby Monte at TomMonte@aol.com, or TobyMonte@aol.com. You can also read more about the Healers Program at www.TomMonte.com. You can also call us at 413-253-0514.

Testimonials

For the Healer's Program

Tom Monte's Program for Healers is a journey into the depths of life itself. Not for the faint of heart, it is a rewarding, challenging, life changing method of facilitating profound transformation.

Utilizing bioenergetics, macrobiotic theory, and Intuitive and Asian diagnosis and healing techniques, Tom's method, known as Compassionate Integration Counseling, is a powerful tool for healers and anyone committed to transformational growth.

Tom Monte is relentlessly dedicated to helping others. I witnessed extraordinary shifts in myself and others during the months we spent together as a team. If you are ready for a revolution in your life and in your healing practice, this is unquestionably the place to be. ~Jen, New York, NY

The Healer's Program is more than a training for professional healers, it is also a personal transformational experience. The healing methods taught at the school are applied to – and applied by – the students themselves. We learn by working on ourselves and each other. And we do this in an atmosphere of confidentiality, compassion, and support.

In the process, we experience profound insights into our own behavioral patterns. We see the beliefs that form the foundation of these behaviors and come to understand their origins, as we have never understood them before. And we utilize the healing methods taught at the program to free ourselves from the restraints and distress these patterns cause us. The consequence is that we become a more integrated, powerful, and effective healer and human being.

Tom is the most sincere, dedicated, down to earth, and knowledgeable person when it comes to nutrition and other healing approaches. He is gentle yet direct, and puts each person at the forefront of the work. You feel that the Healer's Program is tailored for you. And it is!

This is a heart-centered and exciting workshop that is priceless! I left the workshop with so much knowledge, self-discovery, and a kind of tattoo of life etched in my heart and invisibly threaded with the others in the group.

This workshop will blow your mind and your cover. Simply the best! ~ Carol, New York, NY

Tom is the only teacher I have found on my present journey to fully walk the talk. The Healer's Program will help you to start to unravel the mystery of who you are, where you came from, and what you are capable of.

If you have an interest in helping others and yourself through the healing arts, then this transformative program is for you! ~ Anthony, New York, NY

For Tom Monte's Living From the Soul Program

In living From the Soul Tom has given us not only the means for accessing the deepest part of our soul, but also teaches us what stands in the way of our attaining what we want. Tom uses a variety of techniques such as drawing, journaling, lecture and group participation to help us discover and communicate our innermost thoughts and desires. Tom is an exceptional role model who holds a loving space for each individual and recognizes the best in each of us. I can't think of a class that is more valuable in showing us how to live a fulfilling life in a loving and joyous way. ~ Lisa, New York City, New York

I never had connection or belief to spirit and source. I left the program Sunday feeling energetically charged in so many ways. But, the best was yet to come! The next morning back home, I woke up with an intention to pray. For the first time ever in my life I was going to pray with and to Source. After meditating, I invited Source into my sanctuary and soon the presence was felt. As I stated my need(s) from deep within, my body began to tingle as the door to Source opened. Yes, this was rather cosmic! My heart filled with pressure and fullness....it was very, very alive! A breakthrough! Yes...there really is Source! I cried. I really cried. Tears of joy and relief rolled down my face. I made the soul connection for the first time. In some ways I can describe the feeling and in others ways I cannot. I was overcome by the miracle of the moment. I made friends with soul. I am so grateful! My guardian angels are with me! Today was one of those magical moments that until now I only heard about. I am moved!

I have Tom Monte and the program to thank and if Tom doesn't mind me saying this...the connection to the energy of all those in the room who participated, allowed for this breakthrough to occur as much as Tom's mentoring and wisdom. ~ Mark, Long Island, New York

A handful of the testimonials from Soul Rising, Life Transforming, Body Healing, giving on July 8, 2010 at Global TeleClass

He was amazing and to the point. So easy to understand and I loved how there was no questions so you get more of the information from the teacher!

Superb! Well done! Excellent material professionally, even beautifully presented -- it was soul stirring.

This class was fabulous! and the funny thing was I have been thinking about macrobiotics and then he talks about it and my mom has just been diagnosed with thyroid cancer and then he talks about how his friend healed himself of cancer with macrobiotics- I feel I was led to this class.

Excellent teacher. He has a voice that conveys the infinite. He definitely projects an understanding far above the norm. I'd highly recommend this teacher based on my initial impressions and experience with him.

The class information was very well put together. I immensely enjoyed listening to the speaker.

The class was great and fit right in with what I needed to have re-revealed to me at this time. While not totally new, it did give me a bit of a new perspective on things. I love the simplicity ap-

proach. Just the night before the class I had a wonderful meditation session and was able to really block out a lot of the negative, or voice of No, while doing so. Exercise, diet, meditation and releasing the anger are just the things I want to focus on. I took many, many notes and have passed them on to others already...Thank you so much for helping me to refocus. It's true, when the student is ready, the teacher will appear. I'm ready!!

Thank you for the inspiration!!

Unbelievable, what a wonderful session

Tom Monte's lecture was excellent, well structured, coherent throughout and highly innovative.

Tom Monte is just what the soul needs!

Excellent! Very insightful and easy to listen to... the hour flew by. Wish it was 90 minutes. Will definitely take another class from Tom Monte.

Tom Monte instantly caught my attention and kept it. His message was relevant, intriguing and inspiring.

Thank you for the inspiration

This was very eye opening. Will take this class again to relisten to the enlightening information. Will also follow-up on the website to enlarge my knowledge in this area.

Excellent speaker & teacher Leader spoke very clearly and with a lot of compassion and understanding. I really enjoyed and learned from Mr. Monte. Thank you.

Tom spoke from the heart so I was moved!!

Tom Monte instantly caught my attention and kept it. His message was relevant, intriguing and inspiring.

Thank you for showing up in my life at this time. You were a powerful, confident, motivator.